

Water scan

Examination of the inside of the uterus. Used when polyps and/or fibroids are suspected in the uterine cavity.

How: A thin catheter is inserted into the uterine cavity. At the same time as the ultrasound scan, a little salt water is injected into the uterine cavity to obtain an accurate image of the mucosal contours and thus any pathological processes. The catheter is removed. The examination lasts about 5 minutes.

Normal after-effects: The examination may be associated with menstrual-like pain in the uterus and a little watery discharge in the hours after.

Complications in the after-effects: Pain in the abdomen and shoulders may occur during the first 24 hours. This is because a little blood may be flushed into the abdominal cavity along with the fluid used. The pain usually disappears within 1-2 hours. If necessary, a painkiller can be taken, e.g. Paracetamol tablet 500 mg, maximum 2 tablets every 6 hours. If the pain persists, the gynecologist or the doctor on call should be contacted. In rare cases, a fever may occur, and then the doctor should also be contacted.